

**Ice Skating Queensland Inc.**  
**International Athlete Coaching Seminar**  
**13<sup>th</sup> – 17<sup>th</sup> April 2020 – Iceworld Acacia Ridge & Iceworld Boondall**  
**Ravi Walia / Lance Vipond / Keegan Messing**

Ice Skating Queensland is proud to announce that in April 2020 we will be hosting a seminar with internationally renowned coach Ravi Walia & choreographer Lance Vipond, together with international skater Keegan Messing.

The seminar will be held at Ice World Rinks from 13<sup>th</sup> – 17<sup>th</sup> April 2020.

Lance Vipond will be available for private lessons from 20<sup>th</sup> – 24<sup>th</sup> April.

The full seminar is open to skaters with a minimum of Basic Novice Free Skate & Technical Pattern Test level  
There will be a mini 2 day Seminar for Preliminary & Elementary Levels.



**Ravi Walia**

Ravi Walia is a Canadian figure skating coach and former competitor. He is the 1995 Canadian national bronze medallist and the 1993 Canadian national junior champion, representing the Kerrisdale Figure Skating Club, where he was coached by Dr. Hellmut May. He was later coached by Jan Ullmark and Cynthia Ullmark at The Royal Glenora Club in Edmonton

In 2013 and 2018, Walia was awarded Skate Canada's "Competitive Coach Award of Excellence".

In 2014, 2017, and 2018, he was awarded the "Petro-Canada Coaching Excellence Award".

In 2017, Ravi Walia began coaching [Patrick Chan](#) and coached him to a tenth Canadian national title and an Olympic team gold medal.

**Lance Vipond**

Olympic/World level Choreographer of 2018 World Champion, 2018 Olympic Bronze Medalist, Kaetlyn Osmond, 2018 Canadian National Silver Medalist Keegan Messing.

Lance will be also be available for private lessons after the seminar from 20<sup>th</sup> – 24<sup>th</sup> April.

For lesson bookings please email [adc@isq.org.au](mailto:adc@isq.org.au)



**Keegan Messing**

Keegan Messing is a Canadian-American figure skater. Representing Canada, he competed at the 2018 Winter Olympics, and has appeared at the World Championships. He is also the 2018 Nebelhorn Trophy champion, and won a silver medal in the Grand Prix of Figure Skating at the 2018 Skate Canada International. He recently competed at the 2020 Four Continents Figure Skating Championships. At the domestic level, he is a two-time Canadian national medallist.

**Seminar Costs:**

Basic Novice – Senior

ISQ Member Skaters: \$300 / Non-ISQ Member Skaters \$450

ISQ Member Coaches: \$200 / Non ISQ Coaches \$ 300

**Mini Seminar Costs:**

Preliminary / Elementary

ISQ Member Skaters \$100 / Non ISQ Member Skaters \$150

Schedule & Registration Information will be available shortly.

Limited spaces available. Please register early.

**ISQ Athlete Development Committee – Enquiries [adc@isq.org.au](mailto:adc@isq.org.au)**

Ice Rinks

Iceworld Acacia Ridge: 1179 Beaudesert Road Acacia Ridge 4110

Phone: (07) 3277 7563

Iceworld Boondall: 2304 Sandgate Road Boondall 4034

Phone: (07) 3865 1694 Fax (07) 3865 1538

Financially assisted by the Queensland Government to get more Queenslanders active through sport and recreation